



Life School of Dallas
SHAC (Student Health Advisory Council) Minutes
Wednesday, October 1, 2025, 3:00 p.m.
Life School Central Office
132 E. Ovilla Rd., Suite A, Red Oak, TX 75154

SHAC Members Present: Joy Shepherd, Charlotte Washington, Kim Rogers, Kay Bateman, Rachael Ren, Meagan Davis, Zana Tuck, Kelly DeNovellis, Tracy Rena Crawford, Dr. Kashaelyn Hollins-Henderson, Juanita Roby,

I. Welcome/Call to Order Mtg called to order at 3:10pm.

a. Introduce Members of the SHAC- Joy asked all members to introduce themselves at the start of the meeting.

b. Purpose of the Life School SHAC- Joy read the board policy for Life Schools SHAC committee and how the year will look.

c. One parent member to be the co-chair of the SHAC. - Kelli DeNovellis volunteered to be the parent co chair.

II. SHAC Announcements/Information

a. Upcoming Health-Related Events

1. Red Ribbon Week (Counselor)- During the month of October. Ms. Ren explained what Red Ribbon week entails and that it is done campus wide done the week of Oct. 27th-30th. Students brought up that they would like to see more information given to the high school students. REACH will be giving assemblies to K-12th schools in Red Oak.
2. National Bullying Prevention Month (Counselor)- October: Most Campuses focus on Red Ribbon week for the month of October and talk about Bullying Prevention in the spring during Kindness week. High school students voiced that they would also like to see more information at their level.



Life School of Dallas
SHAC (Student Health Advisory Council) Minutes
Wednesday, October 1, 2025, 3:00 p.m.
Life School Central Office
132 E. Ovilla Rd., Suite A, Red Oak, TX 75154

b. Update on SB 12

1. Health-Related Services Notice with Opt out Response (DOSS)- Joy explained the health related items that pertain to SB 12. She explained how Charter schools were handling the opt out for parents. Ms. Washington stated there have been several questions but no opt out from parents as of today. There have been some questions about mental health and have been directed to school counselors for help.

c. Nurse/Health Updates

1. Campus Vision and Hearing Screenings (District Nurse)- Nurse Washington stated they are currently doing the mandated health screenings through all campuses. There is also a clinic in Red Oak as a resource for parents for screenings by the LIONS club. February is American Heart Month and Nurse Washington would like to celebrate Heart Health throughout the district. Jump Rope for Heart Fundraiser can be used during February. Nurse Washington will check out what resources are available to celebrate and Rachel Ren suggested they tie Heart Health with Kindness week.
<https://www2.heart.org/site/PageServer?pagename=AHALandingPage>
Nurse Washington talked about the cardiac emergency response plan (SB 865) that needs to be implemented by next year. The athletic trainers already do some parts of this so it was suggested that they pair up to implement this better.



Life School of Dallas
SHAC (Student Health Advisory Council) Minutes
Wednesday, October 1, 2025, 3:00 p.m.
Life School Central Office
132 E. Ovilla Rd., Suite A, Red Oak, TX 75154

d. SHAC Subcommittee: Physical Activity and Fitness Planning Subcommittee

1. Suggestions for Members- Possibly having a PE teacher from each level or Athletic Trainer, Athletic Coordinator, Mrs. DeNovellis & Ms. Crawford offered to be a part of this committee if needed. Discuss looking at students not in athletics. Ariane McDonald @ CH, Claire Fleener @ MC, Royce Johnson @ MC, Coach Beruman, Coach Hairston @ OC were suggested by Ms. Rodgers as possible committee members. Ms. Ren suggested a lesson of story telling with yoga moves and using the CATCH curriculum with yoga during counseling lessons.

III. At our next meeting: We will review the Life School Wellness Policy. Please review this policy ahead of our next meeting: Kay Bateman had a copy of Life Schools Wellness plan for everyone to review before the next meeting. Ms. Bateman went over some key points of the Wellness Plan. The wellness committee also meets quarterly to review the plan and make updates.

All SHAC information will be under Life Schools compliance website.

III. Upcoming SHAC Meetings–Tuesday, December 2, 2025, at 3:00 p.m.

IV. Close and Adjourn- Joy thanked the committee for attending and adjourned the meeting @ 3:55pm.