



LIFE SCHOOL

2025-2026 Notice of Health-Related Services

You as a parent or guardian have the fundamental right to make decisions regarding the upbringing and control of your child. Our goal as a school is to be a supportive partner in that effort, providing effective academic instruction to maximize student learning. In service of that goal, we also work to support the general well-being of our students so they can remain academically focused.

As you might expect, teachers and other employees will periodically inquire about a child's well-being, (e.g., asking how a student is feeling). In some cases, though, more formalized efforts may be appropriate, and if that is the case, our intent is to work in ways that are consistent with your goals as the parent.

Life School offers a variety of health-related and health care services to each student. Those services are:

- First aid
- Illness symptom support
- Management of chronic illnesses
- Physical health screenings such as scoliosis, hearing, and vision
- Medication administration
- Nutrition health and education beyond what is taught through grade-level or course instruction
- Mental health screenings
- Opportunities for physical activity
- Coordination of Health Services
- State Mandated Screenings (i.e. hearing/vision)
- School counseling services
- Social skills training
- Stress management
- Wellness promotion and education
- Emotional regulation activities
- Substance abuse prevention
- Suicide prevention
- Crisis prevention training
- Assessment of lung and/or heart sounds
- Assessment of vital signs
- Assessment of pupil responsiveness
- Heat Illness Prevention and Injury Support

This notice is meant to inform you of all available services, not necessarily to indicate all these services will be provided to your child. **As a parent/guardian, you have the right to opt out or decline the provision of any of these services to your child by submitting a written statement to your child's nurse via email:**

Campus	Nurse Name/Email
LHSW	Diana Schleif diana.schleif@lifeschools.net
LMSW	Nicole Stroope nicole.stroope@lifeschools.net
LSRO	Charolette Washington charolette.washingto@lifeschools.net
LSIA	Gail Mather gail.mather@lifeschools.net
LSOC	Fresha Jones fresha.jones@lifeschools.net



LIFE SCHOOL

LSMC	Sara Castilleja sara.castilleja@lifeschools.net
LSCH	Cate Harris cate.harris@lifeschools.net

If you do not notify the school of your choice to withhold consent or decline the provision of any of these services, such services may be provided to your child as necessary and appropriate. You may submit a written notice withholding consent or declining the provision of services at any time during the school year.

If you submit a written statement to withhold consent for health-related services, that statement will be considered effective until the end of the school year, unless you withdraw it in writing. This notice of health-related services does not take the place of an Individualized Health Plan (IHP), Section 504 Plan, individualized education plan (IEP), or other legally required document.

School personnel are always expected to encourage your child to discuss any issues related to their well-being with you. School personnel can also facilitate a conversation between you and your child about any issues related to their well-being. Furthermore, employees are expected to keep parents informed related to observations of their child's mental, emotional, or physical health. You have the right to access your child's education and health records at any time.

Sometimes in addition to general inquiries into a student's well-being, school personnel might determine that a student needs some additional observation – called monitoring – and perhaps specific services in relation to the student's mental, emotional, or physical health or well-being. Monitoring in this context means planned and recurring observations of a student in one or more areas of mental, emotional, or physical health or well-being. A service in this context is the planned, routine, and standard use of a method or technique that is designed to affect the behavior, attitude, emotions, or physical health of a student beyond what is taught in a course of instruction. These would not include in-the-moment or unplanned interactions or techniques used to deescalate isolated behavioral incidents.

Any proposed change in services provided to a student's mental, emotional, or physical health or well-being will be shared with you before the change takes place, except in emergencies. You will have the right to withhold or decline consent for the service.

The school will attempt to notify you prior to initiating any proposed change in monitoring related to a student's mental, emotional, or physical health or well-being. If prior notification is not possible, you will be notified.

With certain legally required activities, such as behavioral threat assessments, school personnel must provide parental notification, but the law does not expressly allow a parent to opt-out of such activity.